

# UIW Behavioral Health: Counseling Services

- **Services:** Crisis Intervention, Individual, and Couples Counseling
  - Common Concerns: Anxiety, depression, trauma, addiction, relationship issues, career, personality, mood, and eating disorders
- **Phone Number:** (210) 832-5656
- **Website:** [uiw.edu/counseling](http://uiw.edu/counseling)
- **Making an Appointment:** Call or go online for an in-person, Zoom, or phone sessions (if you are currently in Texas)
- **Hours:** M-F 8:00 a.m. - 5:00 p.m.
- **Location:** Broadway Campus, Administration Building, Suite 438



# UIW Health Services



## Services

- Primary Care Clinic
- Urgent Care- cough, colds, sore throat, or fever
- Physical exams
- Well-woman exams
- Immunizations
- Blood pressure, blood sugar, and cholesterol management
- Physical Therapy
- Psychiatrists
- Telemedicine Exams- Texas only

**Hours-** 8:00 am – 5:00 pm

**Days-** Monday – Friday

**Phone Number-** 210-829-6017

**Website-**

<https://my.uiw.edu/health/index.html>

**Location-** behind the nursing building

**Appointments-** call to schedule, walk-ups welcome

**Insurances-** Most major insurances accepted (Aetna, BCBS, Humana, United Healthcare, Cigna, Tricare)

**Self-Pay-** \$35 for exam

# CARE Team

- Prevention and Education
- Review
- Communication
- Intervention
- Coordination



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