

INSTITUTIONAL DETAILS

Name of Institution	Lahti University of Applied Sciences (Lahti UAS) Lahden ammattikorkeakoulu
Head of Institution	Dr Outi Kallioinen, President
Erasmus Code	SF LAHTI11
Erasmus Charter	29588-EPP-1-2014-1-FI-EPPKA3-ECHE
PIC Number	949269355
Website	www.lamk.fi/english

GENERAL INFORMATION

Exchange Student Guide	Instructions for exchange students are available at www.lamk.fi/english/exchange-students
Academic calendar	Autumn semester: September – December Spring semester : January – May
Application deadlines for exchange students	Autumn semester and the whole year: 1 May <ul style="list-style-type: none"> Institute of Design 15 Apr Spring semester : 1 November <ul style="list-style-type: none"> Institute of Design 15 Oct
Orientation programme	Orientation Programme for new incoming exchange students is arranged twice a year, at the beginning of each semester. It is highly recommended to participate in the orientation.

INTERNATIONAL RELATIONS

<p>EDUCATION COOPERATION</p> <p>Bilateral agreements Teacher and staff exchange International weeks Projects</p> <p>Fellmanni Campus, 4th floor, room 430</p>	<p><i>Ms Hanna Mikkonen</i>, International Relations Manager Erasmus Institutional Coordinator hanna.mikkonen@lamk.fi, +358 44 708 0972</p> <p><i>Ms Sari Horn</i>, International Relations Coordinator <i>Design and Technology</i> sari.horn@lamk.fi, +358 50 387 1900</p> <p><i>Ms Johanna Tarvainen</i>, International Relations Coordinator <i>Business and Hospitality Management, Social and Health Care</i> johanna.tarvainen@lamk.fi, +358 50 3051029</p>
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<p>STUDENT EXCHANGE SERVICES</p> <p>Fellmanni Campus, 4th floor, room 421 Service hours: Mon-Fri at 9-15</p> <p>Niemi Campus 2nd floor Service hours: Mon, Tue, Thu at 8-14</p>	<p>studentexchange@lamk.fi</p> <p>Ms Aleksiiina L�ykki, Student Exchange Coordinator Incoming exchange students +358 44 708 1695</p> <p>Ms Miia Tuominen, Student Exchange Coordinator Outgoing students - Design and Technology +358 447080748</p> <p>Ms Pia Puonti, Student Exchange Coordinator Outgoing students - Social and Health Care +358 44 7080983</p> <p>Ms Lea Kujala, Student Exchange Coordinator Outgoing students - Business and Hospitality Management +358 447080536</p>
<p>Postal Address</p>	<p>P.O. Box 214, FI-15101, Lahti FINLAND</p>

FACULTIES AND LOCATIONS

Faculty	Visiting Address
<p>Faculty of Business and Hospitality Management www.lamk.fi/english/business/</p>	<p>Niemenkatu 73, FI-15140 Lahti</p>
<p>Faculty of Social and Health Care www.lamk.fi/english/social-and-health-care/</p>	<p>Hoitajankatu 3, FI-15850 Lahti</p>
<p>Faculty of Technology www.lamk.fi/english/technology/</p>	<p>St�ahlberginkatu 10, FI-15110 Lahti</p>
<p>Institute of Design www.lamk.fi/english/design/</p>	<p>Kannaksenkatu 22, FI-15141 Lahti</p>

STUDIES AT LAHTI UNIVERSITY OF APPLIED SCIENCES

<p>Study methods</p> <p>Exams</p> <p>Language requirement</p>	<p>The independent nature of UAS studies in Finland presupposes that students show initiative and take responsibility for the planning of their studies and for keeping to their own schedules. Lahti UAS being a university of applied sciences also means that the approach is very practical, including less theory and more projects. The study methods at Lahti UAS support self-guided development, which creates a basis for comprehensive learning: lectures, teamwork, projects, reading assignments and essays.</p> <p>In addition to face-to-face lectures, Lahti UAS also offers many online courses in <i>Moodle</i> learning platform.</p> <p>Please note that there is no specific exam period at the end of the term; exams are held throughout the academic year.</p> <p>English language requirement minimum level is B2.</p>														
<p>Grading system</p>	<p>Finnish higher education institutions use numeric grading scales. At Lahti UAS, the scale is from 5 (excellent) to 1 (sufficient). Every course and examination at Lahti UAS is recorded on the student's personal transcript. Below is a comparison table with other ECTS grading scale.</p> <table border="1" data-bbox="454 1196 1284 1509"> <thead> <tr> <th>Lahti UAS grading scale</th> <th>European grade definition (not official equivalents)</th> </tr> </thead> <tbody> <tr> <td>5 Excellent</td> <td>A</td> </tr> <tr> <td>4 Very good</td> <td>B</td> </tr> <tr> <td>3 Good</td> <td>C</td> </tr> <tr> <td>2 Satisfactory</td> <td>D</td> </tr> <tr> <td>1 Sufficient</td> <td>E</td> </tr> <tr> <td>0 Fail</td> <td></td> </tr> </tbody> </table> <p>Please note that some courses are without grading on a pass/fail basis. In this case the mark 'pass' appears on the transcript.</p>	Lahti UAS grading scale	European grade definition (not official equivalents)	5 Excellent	A	4 Very good	B	3 Good	C	2 Satisfactory	D	1 Sufficient	E	0 Fail	
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<p>Credit system</p> <p>Work load / year</p>	<p>Finnish higher education institutions use ECTS credit system. The estimated work load for full time student in one academic year is 60ECTS credits, meaning 30 ECTS credits per semester. Please note that a credit does not refer to the duration of a course, but to the estimated amount of work required. One credit refers to approximately 27 hours of work by the student. Credits are used to define the extent of a given course. Lectures, projects, assignments and other forms of studies are all taken into consideration when the number of credits for each course is calculated.</p>														
<p>Finnish language courses</p>	<p>Lahti UAS offers courses in intercultural communication and interdisciplinary courses in our focus areas of design, environmental engineering and welfare as well as courses about Finnish language and culture, such as <i>Survival Finnish and Finnish Culture</i>.</p>														

PRACTICAL ARRANGEMENTS

<p>Accommodation</p>	<p>Lahti UAS cooperates with the local student housing organisation <i>Oppilastalo Oy (c/o Lahden Talot Oy)</i> and helps with the housing arrangements for all incoming exchange students who apply on time. All students must pay a refundable 500€ deposit in advance in order to confirm the accommodation and to receive the key for their room.</p> <p>Student apartments are different locations in Lahti. Apartments are usually shared by 2-3 persons and the monthly rent for a single room varies from 290€-350€ / person, depending on the size, condition, furniture etc. Studio 415€/month.</p> <p>Tenancy agreements are always fixed periods:</p> <ul style="list-style-type: none"> • 1 Aug – 31 Dec for the autumn semester • 1 Jan – 31 May for the spring semester 												
<p>Approximate expenses per month</p>	<table border="1"> <tr> <td>Accommodation</td> <td>290€ - 415€</td> </tr> <tr> <td>Lunch at student canteens</td> <td>50€ - 80€</td> </tr> <tr> <td>Self catering</td> <td>90€ - 120€</td> </tr> <tr> <td>Local transportation</td> <td>50€ - 60€</td> </tr> <tr> <td>Other expenses</td> <td>100€ - 150€</td> </tr> <tr> <td>Total</td> <td>580€ - 720€</td> </tr> </table> <p>Please note: This estimate does not include social activities, travel or clothing. It has been estimated that an average Finnish student spends 700€ per month</p>	Accommodation	290€ - 415€	Lunch at student canteens	50€ - 80€	Self catering	90€ - 120€	Local transportation	50€ - 60€	Other expenses	100€ - 150€	Total	580€ - 720€
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<p>Visas and permits</p>	<ol style="list-style-type: none"> 1. Citizens of the Nordic countries need not apply for a residence permit but have to register at a Register Office if they stay in Finland longer than six months. Please see also HalloNorden! -Information pages for possible practices of your home country. 2. Citizens of other EEA countries need to register their right of residence in Finland if they plan to stay in Finland for more than 3 months non-stop. They can do the registration at the local police station in Lahti within 90 days of their arrival to Finland. Please see Finnish Policy's information on permits and licences for foreigners at www.poliisi.fi. 3. Persons from outside the Nordic and the EEA countries who intend to stay in Finland for more than 3 months need a residence permit which should be acquired before arrival in Finland at the nearest Finnish embassy or consulate. Please see the Finnish Immigration Flowchart: Residence Permit for Studies at www.migri.fi. <p>Lahti UAS only provides the above information as general guidance regarding residence permits and visa issues and is in no way responsible for official rules and regulations regarding their distribution. As immigration policy is subject to change, all international applicants should consult the Finnish Immigration Service for up-to-date information regarding residence permits.</p>												

	<p>More information at www.lamk.fi/english/exchange-students/residence-permit-visa.</p> <p>All international students should apply Finnish Personal Identity Code. Student entering Finland with residence permit can apply Finnish PIC within the residence permit application. Finnish PIC can be applied from Local Register Office.</p>
Insurance	<p>All students are responsible for their own insurance arrangements and we strongly recommend taking a comprehensive insurance for the stay in Finland. Health insurance is a requirement for obtaining a residence permit for studies in Finland.</p> <p>More information at www.lamk.fi/english/exchange-students/insurance.</p>